



Ohio State University Sports Medicine Symposium

Preserving the Future of Today's Athletes

July 17, 2009

115 Biomedical Research Tower
460 W 12th Avenue
OSU Medical Center
Columbus Ohio



Sponsored by:
OSU Sports Medicine
The Ohio State University Center for Continuing Medical Education

Program Overview

It is not uncommon for athletes and physically active people to start sports participation in childhood and continue for fifty years or longer. Timely recognition and appropriate management of athletic injuries by sports medicine professionals can allow patients a lifetime of healthy physical activity.

Course Objectives

Upon completion of this program, the participant should be able to:

- Manage the care of athletes who have sustained concussion including acute sideline evaluation and clinical follow-up to minimize long-term effects of head injury
- Counsel patients on the long-term risks vs benefits of running
- Explain diagnosis and management of knee, hip and shoulder injuries and long-term consequences of these injuries in physically active people
- Review current concepts in rehabilitation of hip injuries in physically active people, including athletes, dancers and recreational exercisers

Agenda

Friday July 17, 2009

8:00 am - 5:00 pm

7:30	Registration and continental breakfast	
7:55	Welcome Introductions	Christopher Kaeding MD Julie Bishop MD
8:00	Concussion	Robert Bornstein PhD Tamerah Hunt PhD, ATC Kelsey Logan MD
10:00	Break	
10:15	Longterm Effects of Running	Chad Asplund MD
10:45	Preserving the Future of the Athlete's Knee	David Flanigan MD
11:15	Preserving the Future of the Athlete's Shoulder	Julie Bishop MD
11:45	Panel Discussion / Case Presentations	
12:30	Lunch	
1:30	Hip Problems in Active People	Thomas Ellis MD
3:00	Break	
3:15	Non-surgical Hip Injuries	Thomas Ellis MD
4:00	Hip Injuries in the Athlete: Rehabilitation Considerations	John DeWitt PT, ATC
5:00	Adjourn Post-Conference Reception	Ohio Stadium

Faculty

Course Director:
Julie Bishop MD
Orthopedic Surgeon
Assistant Professor of Orthopedics
Team Physician, OSU Sports Medicine

Thomas Ellis MD
Orthopedic Surgeon
Assistant Professor of Orthopaedics
Team Physician
OSU Sports Medicine

Chad Asplund MD
Sports Medicine Fellow
OSU Sports Medicine
Team Physician, OSU Sports Medicine

David Flanigan MD
Orthopedic Surgeon
Assistant Professor of Orthopedics
Team Physician, OSU Sports Medicine

Robert Bornstein PhD
Professor, OSU College of Medicine
Neuropsychologist OSU Athletics,
Columbus Bluejackets, Columbus Crew

Tamerah Hunt PhD, ATC
Clinical Research Specialist
OSU Sports Medicine

John DeWitt PT, ATC
Physical Therapist
OSU Sports Medicine

Kelsey Logan MD
Director, OSU Sports Concussion Program
Team Physician, OSU Sports Medicine
Assistant Professor of Internal Medicine
OSU College of Medicine

General Event Information

FEES

Physicians	:	\$100
Sports medicine professionals		\$ 75
Athletic trainers, nurses, occupational or physical therapists, EMS		
Students/ Residents		\$ 50

Fee includes symposium lectures, educational materials, refreshment breaks and post-conference reception, including tours of Ohio Stadium

SYMPOSIUM SITE: Biomedical Research Tower, Room 115
OSU Medical Center
460 W 12th Avenue, Columbus OH 43210

REGISTRATION: To register for this program, go to our website
<http://ccme.osu.edu>
or contact The Center for Continuing Medical Education
phone: (614) 293-3576

Accreditation

The Ohio State University Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Medical Center designates this educational activity for a maximum of 7.5 Category 1 credits toward the AMA Physician's Recognition Award.

The OSU Sports Medicine Center is an Approved Provider of continuing education for athletic trainers. This program has been approved for 7.5 continuing education units by The Board of Certification for Certified Athletic Trainers.

The Ohio State University Center for EMS is an Approved Provider of continuing education for EMS personnel. A total of 7 possible hours of continuing education credits will be awarded to EMTs and paramedics who participate in this conference. EMS personnel must attend the entire conference to receive a CEU certificate. Approval #2214, expiration date 2/16/2011.

Each participant should claim only those credits that he/she actually spent in the educational activity.

Continuing Medical Education

For more information on upcoming programs: www.sportsmedicine.osu.edu

Preserving the Future of Today's Athletes 2009

Make checks payable to:
OSU CCME

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**OSU Center for Continuing
Medical Education**
2030 Kenny Road
Columbus, OH 43221

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- Yes, I would like to receive information about other CME activities sponsored by The OSU Medical Center

